

# Kindness Bingo

Choose an act of kindness (or a few!)  
and fill in the square.  
Who can get BINGO first?!

Make a card and mail it to someone who has been sick.	Sweep the porch of a neighbor or friend.	Drop off flowers or a plant to someone who needs a cheerful gift.	Make a snack for someone in your home.	Help clean up the yard or neighborhood park.
Help put the groceries away without being asked.	Give someone in your home or social circle a hug.	Collect toilet paper or diapers for a local food bank/shelter.	Read a story to a family member or someone in your social circle.	Write a kind note and leave it where someone will find it randomly.
Put signs of encouragement in your windows or on your mirrors.	Ask someone older than you to tell you a story about their life or memories.	FREE SPACE	Write a note or create art for your local community leader(s).	Create art to share in your yard. Beautify your neighborhood!
Make art or notes of encouragement and hand them to people when you go out.	Pick up trash in your neighborhood park or a safe area near you.	Make an effort to compliment the people around you. Get creative!	Every time you use water put a coin in a jar. Donate what you collect to water missions.	Help clean up after dinner without being asked.
Make a water stop in your neighborhood for people (and dogs) walking in the heat.	Volunteer to do someone's chores for them. Bonus points if you do for the whole week!	Leave chalk messages around the neighborhood to encourage others.	Make a list of kind words and see if you can use every one of them during the day.	Tell someone why they are important to you.